

FALL REFRESH

MARKETING CAMPAIGN PLAYBOOK



Inside, you'll find a comprehensive guide to revitalize your medspa's marketing efforts this autumn. From email strategies to social media content, in-spa promotions to client engagement ideas, this playbook offers everything you need to attract new clients and re-engage existing ones. Let's turn the changing season into a transformative opportunity for your business.



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FROM THE EDITOR

Dear Esteemed Medspa Professional,

It's my pleasure to present our most comprehensive **Fall Medspa Marketing Campaign Playbook** to date. This guide represents a significant evolution in our commitment to your success in the dynamic world of aesthetics and wellness.

While we've provided seasonal guides in the past, this edition marks a new chapter in depth, breadth, and actionable insights. We've listened to your feedback, studied emerging trends, and leveraged our extensive industry experience to create a resource that truly stands apart.



What Sets This Playbook Apart

Inside, you'll find:

- In-depth analyses of current market trends specific to the fall season
- Detailed, step-by-step marketing strategies backed by data and case studies
- Creative concepts that go beyond the basics, helping your medspa stand out
- Advanced techniques in email marketing, social media, and content creation
- Innovative approaches to in-spa promotions and client engagement
- Cutting-edge video marketing strategies tailored for medspa services
- Cross-promotion ideas that leverage seasonal partnerships for maximum impact

A Flexible, Yet Comprehensive Approach

At Medspa Mastery, we understand that each of your businesses is unique. This guide is designed to be both comprehensive and flexible. While we encourage you to explore all sections, feel free to focus on the strategies that align best with your specific goals and resources. The depth of information provided ensures that even implementing a few key strategies can yield significant results.

As you implement these strategies, remember that innovation often comes from experimentation. I encourage you to approach this guide with an entrepreneurial spirit, testing new ideas and adapting them to your unique brand.

Here's to making this your most successful fall season yet. Let's redefine excellence in medspa marketing together!

Warmest regards,

Shannon Hayes CEO, Medspa Mastery and Vitality Ventures Group

EMAIL MARKETING

Email Marketing: Nurturing Client Relationships This Fall

Email marketing remains one of the most effective ways to reach your clients directly.

- **Goals for your fall email campaign:**
 - a. Increase treatment bookings by 20%
 - b. Boost product sales by 15%
 - c. Improve email open rates to 25%
 - d. Achieve a click-through rate of 3%



Fall Email Campaign Ideas

Welcome to Fall Refresh

Subject Line: "Revitalize Your Skin This Fall with [Medspa Name]"

Key Points:

- Introduce your Fall Refresh campaign
- Highlight top treatments for post-summer skin concerns
- Tease upcoming specials and events

Spotlight on Laser Treatments

Subject Line: "Erase Summer Sun Damage with Our Laser Treatments"

Key Points:

- Explain benefits of laser treatments in fall
- Showcase before/after photos
- Offer a limited-time discount on laser packages

Fall Skincare Essentials

Subject Line: "Your Autumn Skincare Routine, Curated by [Medspa Name]"

Key Points:

- Introduce fall-focused skincare products
- Provide a step-by-step fall skincare routine
- Include a special offer on product bundles

Client Testimonial Showcase

Subject Line: "Real Results: See How We've Transformed Fall Skin"

Key Points:

- Feature 2-3 client success stories
- Include quotes and photos (with permission)
- Highlight the treatments they received

Last Chance for Fall Specials

Subject Line: "Final Days to Fall in Love with Your Skin"

Key Points:

- Recap all fall specials and packages
- Create urgency with a countdown timer
- Include a call-to-action to book now



- **Timing:** Send emails on Tuesday or Weekend mornings for best open rates
- **Frequency:** Aim for 1-2 emails per week during the campaign
- **Personalization:** Use client's name and reference past treatments when possible.
- **Mobile Optimization:** Ensure all emails are mobile-friendly
- **Clear CTA:** Each email should have one clear call-to-action
- **A/B Testing:** Test subject lines, send times, and content to optimize performance

EMAIL BEST PRACTICES

Customization Tips

1. Replace [Medspa Name] with your business name
2. Adjust treatment focuses based on your service offerings
3. Personalize subject lines and content to reflect your brand voice
4. Use your own before/after photos and client testimonials
5. Modify special offers to align with your pricing strategy





SOCIAL MEDIA

Engaging Your Audience: Fall Social Media Campaign

Social media is crucial for building brand awareness and client engagement.

- **Goals for your fall social media campaign:**

1. Increase follower count by 15%
2. Boost engagement rate to 5%
3. Generate 20% more leads from social platforms
4. Improve brand awareness through consistent posting

WEEKLY CONTENT CALENDAR



Monday: #MondayGlow

- Share before/after photos of fall treatments
- Use hashtags: #MondayGlow #FallRefresh #SkinTransformation

Tuesday: #TreatmentTuesday

- Spotlight a different treatment each week
- Use hashtags: #TreatmentTuesday #SkincareTip #MedSpaLife

Wednesday: #WellnessWednesday

- Share skincare facts, myths, or tips
- Use hashtags: #WednesdayWisdom #SkincareFactCheck #BeautyTip

Thursday: #ThrowbackThursday

- Post past client transformations or vintage beauty trends
- Use hashtags: #ThrowbackThursday #SkinTransformation #BeautyEvolution

Friday: #FridayFeeling

- Share self-care tips or weekend skincare routines
- Use hashtags: #FridayFeeling #SelfCareFriday #WeekendGlow

Saturday: #SaturdaySelfie

- Encourage user-generated content or feature staff
- Use hashtags: #SaturdaySelfie #MedSpaLife #MeetTheTeam

Sunday: #SundaySpecial

- Preview upcoming week's offers or events
- Use hashtags: #SundaySpecial #WeeklyDeals #TreatYourself

PLATFORM-SPECIFIC STRATEGIES

Instagram:

- Use Instagram Stories for behind-the-scenes content and quick tips
- Create a Fall-themed Instagram filter for clients to use
- Host live Q&A sessions with practitioners

Facebook:

- Share longer educational posts about fall skincare
- Create events for in-spa promotions or virtual seminars
- Utilize Facebook Groups for building a community

Twitter:

- Share quick skincare tips and industry news
- Engage in conversations using relevant hashtags
- Retweet and comment on posts from beauty influencers

LinkedIn:

- Share professional insights and industry trends
- Highlight staff achievements and training
- Connect with other businesses for potential partnerships

Content Ideas

1. "Fall Skincare Routine" video series
2. "Guess the Treatment" interactive posts
3. "Fall Beauty Myths Debunked" carousel posts
4. "Client Transformation Tuesday" featuring fall-specific treatments
5. "Meet the Team" spotlight series
6. "Product of the Week" showcase
7. "Fall Self-Care Challenge" with daily tasks for followers
8. Before/After photos with autumn-themed frames
9. "Skin Concerns Solved" educational posts
10. Behind-the-scenes prep for fall treatments



HASHTAG STRATEGY

Seasonal Hashtags:

#FallSkincare #AutumnGlow
#FallBeauty #FallRefresh

Treatment-Specific Hashtags:

#LaserSeason #MicroneedlingMagic
#BotoxFresh #ChemicalPeelSeason

Brand-Specific Hashtags:

#[YourMedspaName]Glow
#[YourMedspaName]Transformation

Local Hashtags:

#[YourCity]Beauty
#[YourState]Medspa

SOCIAL MEDIA BEST PRACTICES

- **Consistency:** Post at least once daily on primary platforms
- **Engagement:** Respond to comments and messages within 24 hours
- **Authenticity:** Use real client photos and genuine staff interactions
- **Value:** Ensure each post either educates, entertains, or offers value
- **Visuals:** Maintain a cohesive autumn-themed aesthetic
- **Tracking:** Use platform analytics to monitor performance and adjust strategy

Blogging is crucial for improving SEO and establishing your medspa as an industry authority.

- **Goals for your fall blog campaign:**

1. Increase organic traffic by 25%
2. Improve time spent on site by 30%
3. Generate 15% more leads from blog content
4. Boost social shares of blog posts by 20%

**Boosting SEO and Educating
Clients: Fall Blog Campaign**

BLOG POSTS



FALL BLOG POST IDEAS

- **"10 Ways to Repair Summer Skin Damage This Fall"**
 - Discuss various treatments and products
 - Include before/after photos
 - Offer a downloadable skincare checklist
- **"Why Dermatologists Recommend Laser Treatments in Autumn"**
 - Explain the science behind fall laser treatments
 - Interview a staff dermatologist or aesthetician
 - Include a FAQ section
- **"The Ultimate Fall Skincare Routine for Every Skin Type"**
 - Break down routines for oily, dry, combination, and sensitive skin
 - Recommend specific products for each step
 - Create an infographic for easy sharing
- **"Botox vs. Fillers: Which is Right for Your Fall Refresh?"**
 - Compare and contrast the two treatments
 - Discuss ideal candidates for each
 - Include a decision-making flowchart
- **"5 Surprising Benefits of Microneedling You Didn't Know"**
 - Highlight lesser-known benefits
 - Share client testimonials
 - Offer a limited-time microneedling package
- **"Fall Foods for Glowing Skin: Eat Your Way to Radiance"**
 - Discuss seasonal foods that benefit skin health
 - Provide easy recipes
 - Tie in how these foods complement your treatments
- **"Preparing Your Skin for the Holidays: Start Now for a December Glow"**
 - Outline a treatment timeline leading up to the holidays
 - Discuss combination treatments for best results
 - Offer a holiday preparation package
- **"The Science of Chemical Peels: Why Fall is the Perfect Time"**
 - Explain how chemical peels work
 - Discuss different types of peels and their benefits
 - Include a guide on post-peel care

BLOG WRITING BEST PRACTICES

- **SEO Optimization:**
 - Use relevant keywords naturally throughout the post
 - Optimize meta descriptions and title tags
 - Include internal and external links
- **Structure:**
 - Use headers and subheaders for easy scanning
 - Keep paragraphs short (3-4 sentences max)
 - Include bullet points and numbered lists
- **Visuals:**
 - Add high-quality images, infographics, or videos
 - Use alt text for all images for SEO
 - Consider creating custom graphics for each post
- **Call-to-Action:**
 - End each post with a clear CTA (e.g., book a consultation, try a treatment)
 - Use pop-ups or slide-ins for lead generation
- **Engagement:**
 - Enable and encourage comments
 - Respond to all comments promptly
 - Share posts on social media platforms

CONTENT CALENDAR

- Aim to post 1-2 high-quality blog posts per week
- Coordinate blog topics with your email and social media campaigns for cohesive messaging

Measuring Blog Success

- Key Metrics to Track:
- Page views
- Time on page
- Bounce rate
- Social shares
- Comments
- Conversions (leads generated, appointments booked)

Tools for Tracking:

- Google Analytics
- SEMrush or Ahrefs for keyword performance
- Native platform analytics for social media shares

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SEPTEMBER

/ 24

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
"10 WAYS TO REPAIR SUMMER SKIN DAMAGE THIS FALL" (POST ON SEP 5)						
8	9	10	11	12	13	14
"THE ULTIMATE FALL SKINCARE ROUTINE FOR EVERY SKIN TYPE" (POST ON SEP 12)						
15	"WHY DERMATOLOGISTS RECOMMEND LASER TREATMENTS IN AUTUMN" (POST ON SEP 19)					
22	"FALL FOODS FOR GLOWING SKIN: EAT YOUR WAY TO RADIANCE" (POST ON SEP 26)					
29	30	1	2	3	4	5
6	7	8	9	10	11	12

Monthly Planner



Use Chat GPT to create your post

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OCTOBER

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5
	"BOTOX VS. FILLERS: WHICH IS RIGHT FOR YOUR FALL REFRESH?" (POST ON OCT 3)					
6	7	8	9	10	11	12
	"5 SURPRISING BENEFITS OF MICRONEEDLING YOU DIDN'T KNOW" (POST ON OCT 10)					
13	14	15	16	17	18	19
	"THE SCIENCE OF CHEMICAL PEELS: WHY FALL IS THE PERFECT TIME" (POST ON OCT 17)					
20	21	22	23	24	25	26
	"PREPARING YOUR SKIN FOR THE HOLIDAYS: START NOW FOR A DECEMBER GLOW" (POST ON OCT 24)					
27	28	29	30	31	1	2
	"HOW TO MAINTAIN YOUR SUMMER GLOW THROUGH FALL" (POST ON NOV 2)					
3	4	5	6	7	8	9

Monthly Planner



One step at a time. You'll get there.

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NOVEMBER

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4	5	6	7	8	9
"TOP 5 ANTI-AGING TREATMENTS TO TRY THIS FALL" (POST ON NOV 9)						
10	11	12	13	14	15	16
"THE ULTIMATE GUIDE TO HYDRATING TREATMENTS FOR DRY FALL SKIN" (POST ON NOV 16)						
17	18	19	20	21	22	23
"THE ULTIMATE GUIDE TO HYDRATING TREATMENTS FOR DRY FALL SKIN" (POST ON NOV 16)						
24	25	26	27	28	29	30
"BLACK FRIDAY SPECIAL: OUR TOP TREATMENTS AND PRODUCTS FOR GIFTING" (POST ON NOV 23)						
1	2	3	4	5	6	7

Monthly Planner



Add your voice for better seo

SPECIALS AND PACKAGES OVERVIEW



FALL INTO SAVINGS: CRAFTING IRRESISTIBLE AUTUMN OFFERS

Strategic specials and packages can drive business during the transitional fall season.

- **Goals for your fall specials and packages:**

1. Increase overall bookings by 25%
2. Boost revenue from package sales by 30%
3. Improve client retention with multi-treatment packages
4. Introduce clients to new or underutilized services

FALL SPECIAL IDEAS

"Autumn Glow-Up Package"

- Combine a laser treatment, hydrating facial, and take-home skincare kit
- Offer 20% off when booked as a package

Pumpkin Spice Peel Special

- Feature a pumpkin enzyme peel with a fall-themed gift
- Limited time offer for October

"Harvest Your Beauty" Injectable Deal

- Buy one syringe of dermal filler, get 20 units of Botox free
- Great for addressing multiple concerns in one visit

"Fall into Radiance" Series

- Book a series of 3 microdermabrasion treatments, get the 4th free
- Encourage consistent treatments for best results

"Sweater Weather Laser Hair Removal"

- Discounted packages for laser hair removal
- Emphasize the benefits of starting in fall for summer-ready skin

"Autumn Renewal Membership"

- Monthly membership including one facial, product discounts, and priority booking
- 3-month commitment with sign-up bonus





PRICING AND PACKAGING STRATEGIES

- **Bundling:** Combine complementary treatments for a comprehensive approach
- **Tiered Pricing:** Offer greater discounts for larger packages to encourage bigger commitments
- **Limited Time Offers:** Create urgency with seasonally limited specials
- **Gift with Purchase:** Include fall-themed skincare items or branded merchandise with certain packages
- **Loyalty Rewards:** Double points or rewards for fall package purchases
- **Early Bird Specials:** Offer the best deals at the start of the season to boost early bookings

PROMOTING YOUR SPECIALS

- **Email Marketing:** Send dedicated emails for each major specials
- **Social Media:** Create visually appealing graphics for each offer
- **In-Spa Signage:** Use autumn-themed posters and flyers to advertise specials
- **Website Banner:** Feature your best offer prominently on your homepage
- **Text Message Marketing:** Send SMS alerts for flash sales or limited-time offers
- **Referral Bonuses:** Offer incentives for clients who refer friends for fall packages



TRACKING AND ADJUSTING

- Set up unique booking codes for each special to track performance
- Monitor which packages are most popular and adjust inventory accordingly
- Gather feedback from clients on what motivated their purchase
- Be prepared to extend popular offers or end underperforming ones early
- Analyze the profit margins of each package and adjust for future campaigns

CUSTOMIZATION TIPS

- Adjust treatment combinations based on your medspa's specialties
- Align pricing with your local market and target clientele
- Consider creating themed packages around local fall events or activities
- Use language and imagery that resonates with your brand and clients